



Photo credit: Kit4na via VisualHunt / CC BY

HealthLink BC: call 811 (24 hours a day) to talk to a nurse, pharmacist or dietitian. You can get answers to your health-care concerns, including when to see a doctor or visit Emergency. Check your symptoms, get health fact sheets or learn more about your health questions from a trusted source.

Website: <http://www.healthlinkbc.ca/>

BC Drug and Poison Information Centre : 1-800-567-8911 Website: <http://www.dpic.org/>

Helpline for Children Phone: 310-1234 (no area code needed)

Anyone can call the Helpline for Children for help 24 hours a day, including parents who are afraid they might hurt their child or if you know a child is being abused.

You can call anonymously.

Website: <http://www2.gov.bc.ca/gov/content/safety/public-safety/protecting-children/reporting-child-abuse>

Car Seats:

Revelstoke Public Health Nurses are certified Child Passenger Safety (CPS) Educators. Call 250-814-2244 with any questions about car seat safety. Car seats can also be checked at the Revelstoke Fire Department, 250-837-2884

- **ICBC** - tips and information to ensure you are installing and using your child's car seat correctly. Website: <http://www.icbc.com/road-safety/safer-drivers/Pages/Child-car-seats.aspx>
- **Transport Canada**—up to date information about car seat recalls, public notices and safety. <http://www.tc.gc.ca/eng/roadsafety/safedrivers-childsafety-index-53.htm>
- **Road Safety Recalls Database** - http://wwwapps.tc.gc.ca/Saf-Sec-Sur/7/VRDB-BDRV/search-recherche/menu.aspx?lang=en&campaign=Facebook%20-%20en&WT.mc_id=kb0r



Photo credit: The Adventures of Kristin & Adam via VisualHunt.com / CC BY-NC

Consumer product safety

- **Health Canada: Consumer Product Safety** (cribs, sleepwear etc) - <https://www.canada.ca/en/health-canada/services/consumer-product-safety/reports-publications/consumer-education.html>

Phone: 1-866-662-0666

Canadian Partnership for Children's Health and Environment (CPCHE) Tips to make your home healthier for kids. Website: <http://www.healthyenvironmentforkids.ca/>

Caring for Kids

A website designed to provide parents with information about their child's health and well-being.

Developed by the Canadian Paediatric Society. Website: <http://www.caringforkids.cps.ca/>

Government Services:

- Vital Statistics Agency Online birth registration;
- <https://ebr.vs.gov.bc.ca/>
- Service Canada. Links for EI, Maternity/Paternity leave, etc.
<http://www.servicecanada.gc.ca/eng/home.shtml>



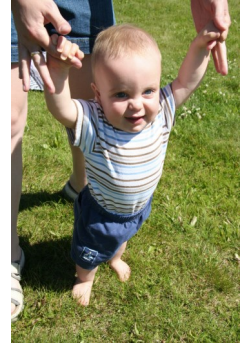
Aboriginal Services:

- IH Aboriginal Patient Navigator: <https://www.interiorhealth.ca/YourStay/AmenitiesAndServices/Pages/AboriginalPatientNavigator.aspx>
- Health Canada Guide for First Nations to Access Non-Insured Health Benefits:
<http://www.hc-sc.gc.ca/fniab-spnia/nihb-ssna/index-eng.php>

Settlement and English as a Second Language Services: Call Okanagan College at 250-837-4235

Revelstoke Online Health and Social Services Directory:
<https://revelstokelife.ca/>

Ministry of Children and Families: 250-837-7612
<http://www.gov.bc.ca/mcf/>



Financial Assistance:

- Ministry of Social Development, Employment and Income Assistance Program
1.866.866.0800 <http://www.hsd.gov.bc.ca/bcea.htm>

Low income Housing:

- BC Housing, Rental Assistance Program 1-800-257-7756 www.bchousing.org/Options/Rental_market/RAP Provides eligible low-income, working families with cash assistance to help with their monthly rent payments
- Community Connections Housing outreach. 250-837-2920. The Housing Outreach Worker can help overcome barriers to suitable, affordable housing in a variety of ways.

Watch for the monthly **Young Children's Calendar** for the latest information and events in Revelstoke. To be added to the email list please send a request to Tracy at revelstokeecd@gmail.com or pick up a copy of the calendar at the Revelstoke Community Centre Children's Bulletin Board (across from the reception desk), at the Early Years Centre -1001 Mackenzie Ave or ask at your early years program or preschool!

Recreation: Please note that recreational activities including prenatal yoga, swim classes and family programs are offered throughout the year. Please contact Parks, Recreation and Culture at 250-837-9351 or www.revelstoke.ca or consult the City of Revelstoke Leisure Guide for up to date information.

